



**Gita Brigham**

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I recently became friends with Chris Savage on Facebook. In that time he he has been a caring, and genuine support person. As a busy, working mother I trust his health advice. I suffer from mild fibromyalgia and after years on the medical merry - go -round I gave up hope. The only thing that significantly helped me regain my health was going back to basics, energy healing, and alternative holistic, health advice. This includes regularly using magnesium oil and a bio mat, which has helped my pain & overall health condition. Recently my infant caught a nasty cold virus and was quite unwell. Chris was the first person I messaged for advice. He advised I put magnesium oil on my infant, and put him to sleep on the bio mat. After only two hours sleeping on the bio mat my infants cough was dramatically improved. What has taken two full grown adults over a week to get better both suffering from the same virus, took my infant three days to overcome. I contribute this rapid healing to a few things, one being the magnesium oil combined with the bio mat therapy.

Gita

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