

## 47% ANCIENT MAGNESIUM OIL WITH BORON AND SULPHUR DIRECTIONS FOR DECALCIFICATION, REMOVAL OF OESTROGEN & REMINERALISATION FOR RESTORATION OF HEALTH

**SPREAD ON SKIN** Apply a liberal amounts on your stomach at night whilst in bed and spread around the stomach and chest. This will be irritating the first couple of times you use it, after which it will be free of irritation. You will go to sleep quickly as the magnesium promotes melatonin production or apply 2 hours before bed and then have a shower to wash off residue before getting into bed. DMSO or Di Methyl Sulphide is a 100% natural powerful transporting agent and anti-inflammatory solution. Always apply Magnesium oil first and then apply a few drops of DMSO on top of the Magnesium oil, spread and let it be absorbed. Apply to all areas needing relief especially the Thyroid and Thymus and for men also the Scrotum. Intense burning sensation is due to presence of aluminium from vaccines or oestrogen from consumption of same. Apply every day.

**BRAIN CLEANING:** See Oral protocols on [www.cwshealing.com](http://www.cwshealing.com) PDFS

**DIAMOND HARD TEETH:** Ditch toothpaste. Use 1 mil into mouth then brush around for diamond hard teeth and healthy gums within days. Also cleans the mouth beautifully. Don't rinse, just spit after using magnesium to clean and remineralise.

**ENEMA** Focus on the results not the process. The Enema is something you can easily and safely do at home and therefore obviate the need for a colonoscopy with toxic soap absorption. The results from magnesium Enema will amaze you. Buy an enema kit for about \$30 on ebay.

**ENEMA STAGES & QUANTITY.** 1. Make up the cleaning mixture with two teaspoons of Bicarb per litre and up to four or more litres of pure warm water for cleansing and alkalisng the large intestine and colon. 2. Make up the Magnesium mixture with 30mls to 40mls of Magnesium Oil in 2 litres of warm water and 2 teaspoons of bicarb for 20 minutes to decalcify, remineralise and remove oestrogen. SEQUENCE

- Lay down and use olive oil to improve insertion of tip and allow as much as possible of 2 litres 2 into the large intestine to clean the colon...eliminate as needed.
- Lay down and allow 2 litres of magnesium bicarb warm water and hold for up to 20 minutes. You may wish to use a bath warm water for the process. Resist elimination as much as possible. Evacuate into bucket or toilet.

**NAUSEA.** When detoxing with the biomat and drinking DMSO and Magnesium the result can be dirty blood from detoxing. To combat dirty blood lay down and wrap the biomat around the

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stomach. This will infuse the stomach with hydrogen and oxygen to clean the blood in the stomach and eliminate the nausea.

HEADACHES: It is normal for detoxing the brain to experience headaches as the DMSO and Magnesium removes toxicity from the brain. Wrapping the biomat around the head will ease this condition. When doing this hold coconut oil in the mouth to prevent the infrared penetrating teeth and causing aches. Brush with magnesium to reverse any demineralising effects on teeth.